

Almond Milk

Many people drink and enjoy cows' milk. However, some people can't drink dairy milk. They drink almond milk instead. Almond milk is good for you, and some people think it tastes even better than cows' milk.



- Circle a word that has the same **ow** sound as "brown."
- Underline the two verbs in the first sentence.
- Put a ✨ next to an important detail from the text.

You can buy almond milk, but making it at home is easy. First, soak raw almonds in water. Then, pour the water off. Blend the nuts with fresh water until the mixture is smooth. Add vanilla, if you like.

Why do people drink almond milk? Give reasons.

Have students draw and write to respond to the text.